



## **Guidelines for Scuba Training with the National Aquatic Centre**

We welcome the big increase in numbers of divers who come to our pool training sessions on Tuesday evenings. The National Aquatic Centre offers some of the best facilities in the country for Scuba and we are very anxious that everybody can continue to enjoy this great experience in a safe and orderly manner.

We have drawn up the following guidelines to insure the smooth flow of equipment and people throughout the Tuesday evenings, please take the time to read through each point and in the future we would appreciate that you do everything possible to spread the word and help us to maintain this wonderful facility.

1. Unless you are actively participating in one of our current courses, we require that all certified divers who wish to get in the pool should register their names and certification level with one of our Crew Members before entering the water.
2. Our own check in desk at the main reception is open between 6.45pm and 7.45pm. After these times, all entry and registration must take place through the side entrance on the West end of the main building.
3. The current cost per diver is €10.00 per person or €20.00 when using any piece of Oceandivers equipment. This fee may be paid by credit card through the office before attending or by cash on the poolside.
4. On arrival at the Aquatic Centre, you can get to the pool through the main entrance or through the side entrance door on the West end of the building (see item 2 above for entry times). Cars must not be parked anywhere other than in the official car park or the gravel overflow carpark to the rear of the building. The gravel carpark is unlit and is not covered by CCTV security so its use is at your own risk.
5. Cars must not be parked anywhere alongside the building as this would contravene the fire regulations.
6. During the assembly time, (8pm till 9pm) it is required that everybody use the free blue shoe covers while walking on the pool deck.
7. Standard Safe Diving practices must be followed at all times, this includes the buddy system. If you don't have a buddy just let us know and we can link you up.
8. Our pool time in the water is between 9pm and 10pm, we would ask that you do not enter the water outside these times and that you respect the "time up" signal, (usually a metal clicking sound).
9. Equipment can be removed from the pool deck through the large double doors at the rear of the building but please insure that these doors are not left open more than necessary so as to conserve heat loss.
10. We are required to exit the building by the latest at 10.30pm.

We would appreciate your views and comments in relation to the NAC facilities so please feel free to call us or email your views. Thank you for your cooperation and we look forward to seeing you back in the pool soon.